

## अर्द्धवार्षिक परीक्षा, 2022-23

## विषय-English Compulsory

समय : 3.15 घण्टे ]

कक्षा-XI

[ पूर्णांक : 70

1. All the questions are compulsory.
2. This paper is divided into four sections. All the sections are compulsory.

**Section-A (Reading)**

1. Read the following passage and answer the questions :

Chronic stress can lead to continuously high levels of cortisol. This hormone at normal levels helps to maintain an active, healthy body. But excessive amounts of cortisol can suppress the immune system and cause sleep disturbance, and loss of appetite. High levels of cortisol can also increase your heart rate, blood pressure and your cholesterol and triglyceride levels. The by products of cortisol act as sedatives, which can lead to changes in mood, especially to feelings of depression.

Fortunately, the body has a natural power to balance the stress through the parasympathetic nervous system. The parasympathetic nervous system becomes active when the thread has passed or ended. But it can also be consciously activated by deepening the breath. Yoga's emphasis on long, deep breathing and conscious relaxation activates the parasympathetic nervous system. In fact, a recent study has shown that yoga decreases the levels of the stress hormone cortisol in the blood.

(i) Cortisol is :

- |             |               |
|-------------|---------------|
| (a) a gland | (b) a hormone |
| (c) a stone | (d) sugar     |

(ii) How does the normal level of cortisol help us ?

(iii) What are the bad effects of high levels of cortisol ?

(iv) How do the by products of cortisol affect our body ?

(v) How is yoga helpful to heal our body ?

(vi) Find out the word from the passage which is an opposite of 'decrease'.

(vii) Find out the word from the passage which means 'too much'.

2. Read the following passage and answer the questions :

We want purity-pure food, pure water, pure air. We long for pure surroundings. We yearn for pure heart and pure love. We are fond of purity because purity promotes health. Impurities are injurious to health. Purity provides peace of mind. Impurities impair the mind. Purity of body is physical health. Purity of speech is unsullied truth. Purity of heart is unselfish love. Purity of thought is righteous reason. Purity of mind is wholesome peace. Purity of action is sincere and unselfish service.

Purity of mind makes our vision, words and deeds pure. It has also the power to purify people. Evil has no place in the presence of purity. Nor can it face purity, as darkness cannot face the sun. It only gets changed into purity. Fools who come to scoff remain to pray in the presence of purity. Villians who come to harm stand in adoration in the presence of purity. Murders become votaries of peace in the presence of purity.

- (i) We do not want :
- |                |                |   |
|----------------|----------------|---|
| (a) pure water | (b) pure love  | 1 |
| (c) impure air | (d) pure heart |   |
- (ii) Why do we like purity ? 1  
 (iii) Why do we dislike impurity ? 1  
 (iv) What is purity of action ? 1  
 (v) How is purity of mind helpful for us ? 1  
 (vi) Find out the word from the passage which means 'harmful' . 1  
 (vii) Find out the word from the passage which is an opposite of 'selfish'. 1

**Section B**  
**(Writing)**

3. Describe in 100 words the event of Rajiv Gandhi Gramin Olympic Games held at your panchayat in August 2022. You may use the following points :
- opening day ceremony
  - six games included
  - participation with full enthusiams
  - thrilling matches
  - prize and certificates

OR

Describe in 100 words 'How you help poor students' in your locality motivating them for study. You may use the following points :

- slums in locality
  - small children with bright eyes
  - slates and primers
  - interesting stories
4. Write an article on 'The Habit of Reading Newspapers'. 7

Or

Write a speech to be delived on world water day on the theme of Rainwater harvesting.

5. Write an application to your Principal to arrange a library period per week for your class. 7

Or

Write a letter to the chairperson of your Municipal Corporation to develop a park in your locality.

**Section-C**  
**(Grammar)**

6. Fill in the blanks with correct forms of the verbs given in the brakcets :
- I ..... (see) you at the park yesterday. 1
  - Slow and steady ..... (win) the race. 1
  - The train ..... (arrive) just now. 1
  - It is time you ..... (start) the work. 1
  - Hemank ..... (live) in Udaipur since 2013. 1
  - India ..... (get) independent in 1947. 1
7. Write suitable modals in the blanks given below.

- (i) I ..... solve any question of this exercise. 1  
 (ii) She ..... swim when she was at school. 1  
 (iii) ..... you live long. 1  
 (iv) ..... you please open the door ? 1
8. Fill in the blanks with suitable determiners.
- (i) She is ..... European lady. 1  
 (ii) Do you have ..... one-rupee note ? 1  
 (iii) ..... man with the flag is my uncle. 1  
 (iv) She hasn't ..... friend. 1

**Section - D**  
**(Text book)**

9. Read the given extract carefully and answer the given questions.
- My grandmother and I were good friends. My parents left me with her when they went to live in the city and were constantly together. She used to wake me up in the morning and get me ready for school. She sang her monotonous sing song while she bathed me.
- (i) What is the name of the chapter the extract has been taken from ? 1  
 (ii) Who used to wake the writer up in the morning and get him ready for school ? 1  
 (iii) When did she sing her monotonous song ? 1
- OR
- He was just a teenager when he died. The last heir of a powerful family that had ruled Egypt and its empire for centuries, he was laid to rest laden with gold and eventually forgotten. Since the discovery of his tomb in 1922, the modern world has speculated about what happen to him, with murder being the most extreme possibility.
- (i) Who died when he was just a teenager ? 1  
 (ii) When was the tomb of the last heir discovered ? 1  
 (iii) Write the word from the above given extract which means. 1  
 'A person who has the legal right to receive somebody's property, money or title when that person dies'.
10. Answer any four questions out of the six short answer type questions given below :
- (i) What was the turning point in the relationship between the writer and his grandmother ? 1  
 (ii) What was the name of the boat or ship used by the writer for the voyage of the world ? 1  
 (iii) Who accompanied the water in his voyage of the world ? 1  
 (iv) Who discovered the tomb of king Tut ? 1  
 (v) What is meant by Shamshui ? 1  
 (vi) Who was Quinten ? 1
11. Read the following extracts and answer the questions of one extract of poetry.
- The cardboard shows me how it was  
 when the two girl cousins went paddling.  
 Each one holding one of my mother's hands,  
 And the big girl-some twelve years or so.
- (i) Name the poem and the poet. 1  
 (ii) What does the word 'cardboard' stand for ? 1

- (iii) How many girls can be seen in the photograph ? Who are they ? 1  
 (iv) What were the girls doing ? 1

OR

The Laburnum top is silent, quite still.  
 In the afternoon yellow September sunlight.  
 A few leaves yellowing, all its seeds fallen.  
 Till the gold finch comes, with a twitching chirrup  
 suddenness, a startlement, at a branch end.

- (i) Name the poem and the poet. 1  
 (ii) What is the condition for the laburnum top in the beginning ? 1  
 (iii) Which season of the year the poet is talking about ? What shows it ? 1  
 (iv) In what manner does the goldfinch land ? 1
12. Answer the following three out of six short answer type questions. (Word limit 20-25 words)
- (i) What has the camera captured ? 1  
 (ii) The poetess mother laughed at the snapshot. What did this laugh indicate ? 1  
 (iii) What do you notice about the beginning and the ending of the poem ? 1  
 (iv) Why has the poet compared the birds movements to that of a lizard ? 1  
 (v) There are two voices in the poem. Who do they belong to ? 1  
 (vi) Whom does the poet address in the poem 'The Voice of Rain' ? 1
13. Attempt any one out of the two following questions : (50-60 words)
- (i) Describe the character of narrator's uncle Khosrove. 4
- OR
- (ii) Describe Albert Einstein as a school boy. 4
14. Answer any two of the three short answer type questions given below : (30-40 words)
- $1\frac{1}{2} + 1\frac{1}{2} = 3$
- (i) Who tapped the windows ? What did Aram see when he looked out of the window ?  
 (ii) Why did the narrator go to 46, Marconi street ?  
 (iii) Who was Ratna and why was she living with Rama Rao ?